

# Thousand Oaks High School Class of 2025



# Important people to know

## Administration

**Dr. Bergmann – Principal**

**Mrs. Oliveri – A/P of Instruction**

**Mrs. Hronek – A/P of Activities**

**Ms. Harrison – A/P of Attendance**

**Mr. Cook – A/P of Athletics**

**Mrs. Thomas –A/P of Student Support Services**

Mrs. Tanja Sterrmann– Counseling Secretary

Mrs. Mickey Korey – Attendance Support

Ms. Michelle Tucker – Registrar

## Counselors

**Mrs. Britt**

**Mrs. Montero**

**Mrs. Ross**

**Ms. Scott**

**Mr. Solis**

Mrs. Lorene Whitehouse – College and Career Center Coordinator

Mrs. Ashley Cooper – School to Career Coordinator

# Four Year High School Plan

S1 + S2

**9<sup>th</sup> 6 Classes**

**30+30=60 Credits**

**10<sup>th</sup> 6 Classes**

**30+30=60 Credits**

**11<sup>th</sup> 6 Classes**

**30+30=60 Credits**

**12<sup>th</sup> 5 Classes**

**25+25=50 Credits**

**Total Credits = 230**



# Freshman Schedule

English

(English 9CP or 9H)

Math  
2CP/H)

(Algebra 1CP/H; Geometry CP/H; or Algebra

Science

(Biology CP/H)

Elective

(World Language; AP Human Geography; VPA)

PE

Cheer)

( Traditional; Sports; Dance; Marching Band;

Health/College and Career Seminar

4 year college = CP level and above  
(Grade of C or better)

# Honors Placement

- **Automatic qualifiers**

- A's and B's in current Honors classes

- **Interested students may apply**

- Submit academic petition
- Grades in subject area considered
- Standardized test scores administered at your current school also considered

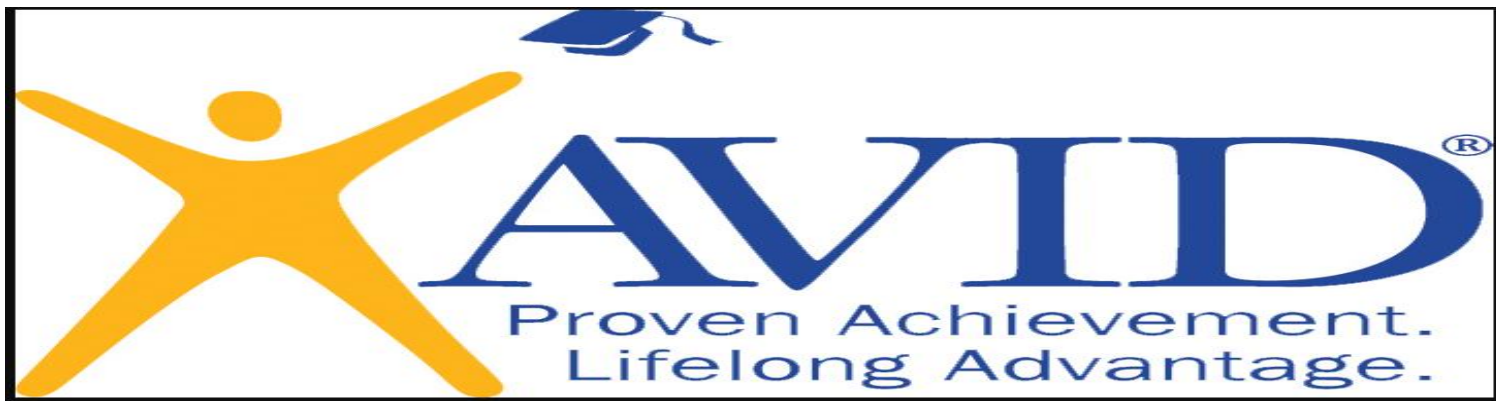
# Options for Health Class

- **Option #1:** Get Ahead Summer School
  - in class or online/hybrid
  - Sign up at [www.conejoschools.org](http://www.conejoschools.org)
- **Option #2:** Online/Hybrid during school year at TOHS
  - 7am class once a week, either semester 1 or 2
  - Space is limited
- **Option #3:** During school day; paired with College and Career Seminar class

For Students who take world language AND Band, AP Human Geography, ASB, Journalism, etc., taking Health period 1 or during the summer is a great option to open up space!

# Award Winning & Specialty Electives

- AP Human Geography
- World Languages
  - Spanish
  - Chinese
  - Japanese
  - French
  - ASL
- Journalism
- Photography
- Yearbook
- Art Media
- Computer Aided Drafting
- Machine Tools Tech (metals)
- Woodworking Principles
- ROP Digital Media
- Music Appreciation
- ASB - Application needed
- Theater
- Academic Decathlon
- Chorus
- Band



AVID = Advancement Via Individual Determination

## A school wide college & career readiness system

- An elective class to develop
  - Study skills
  - Organizational skills
  - Critical thinking
  - Teamwork
  - Developing behaviors that lead to success
- Weekly tutoring
- Helping B, C students reach their fullest potential

Interested students please apply Via **TOHS** website

<http://www.conejousd.org/tohs/Academics/AVID>





2020 Distinguished Academy  
ETHOS is among a very select group to ever receive this recognition – and is one of only six to receive the 2020 Distinguished Academy status out of 393 CA partnerships



*ETHOS is designed for students who seek to nurture their creativity and become self-starters with an entrepreneurial mindset.*

- Grouped in engaging college preparatory English, history, and ETHOS elective classes
- Project-based learning and business models
- UC/CSU “a-g” approved classes
- Students learn utilizing MacBooks, Skype, iMovie, and more
- Innovative faculty
- Special recognition at graduation



<https://www.tohs-ethos.org/>

# THE CENTER

ADVANCED STUDIES AND RESEARCH  
THOUSAND OAKS HIGH SCHOOL

**“The Center” is an innovative program designed to provide gifted and high-achieving students with opportunities to conduct disciplined and scholarly research while in high school**

- Complete AP Seminar and AP Research
- Graduate with distinction and earn the College Board AP Capstone Diploma™
- One of a select few schools to offer the AP Capstone™ program
- [www.tohsthecenter.org](http://www.tohsthecenter.org)



AP Capstone™

CollegeBoard

# Go Lancers!



## Fall Sports

Cross Country\*  
Football \*  
Golf-girls  
Tennis-girls  
Water-Polo-Boys \*  
Volleyball-girls  
Field Hockey-Girls\*

## Winter Sports

Basketball Boys  
Basketball Girls \*  
Soccer  
Water-Polo-girls \*  
Wrestling \*

## Spring Sports

Baseball\*  
Golf-boys  
Lacrosse \*  
Sand Volleyball  
Softball  
Stunt  
Swim \*  
Tennis-boys  
Track \*  
Volleyball-boys \*

\*These sports do not require tryouts to join.

Every sport is paired with an off season of that sport to make it a year long class

<https://tohsathletics.org/future-lancers/>



# Clubs and Activities

- ▶ Book Club
- ▶ Chess Club
- ▶ Dungeons & Dragons
- ▶ CA Scholarship Federation
- ▶ Sparkles Cheer
- ▶ Jewish Student Union
- ▶ Latino Connection
- ▶ Film Fridays
- ▶ Project Concern
- ▶ Fellowship Christian Athletes
- ▶ Computer Building
- ▶ Mock Trial



**In the past we have had over 60 clubs on campus.**

**Currently any club that was in good standing were approved to meet virtually**

**During Distant learning our Peer Mentor program is doing a great job connecting kids to TOHS**



<http://www.conejousd.org/tohs/Activities/Clubs-Organizations>





# Questions

