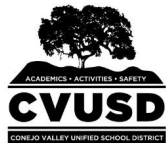


Thousand Oaks High School



Class of 2026



Important people to know

Administration

Dr. Bergmann – Principal

Mrs. Oliveri – A/P of Instruction

Mrs. Modolo – A/P of Activities

Ms. Harrison – A/P of Attendance

Mr. Banducci – A/P of Athletics

Mrs. Thomas – A/P of Student Support Services

Mrs. Cooper – School to Career Coordinator

Mrs. Costales – Counseling Secretary

Mrs. Korey – Attendance Support

Ms. Meza – Registrar

TBA – College and Career Center Coordinator

Counselors

Mrs. Britt

Mrs. Montero

Mrs. Ross

Ms. Scott

Mr. Solis

Four Year High School Plan

S1 + S2

9th 6 Classes

30+30=60 Credits

10th 6 Classes

30+30=60 Credits

11th 6 Classes

30+30=60 Credits

12th 5 Classes

25+25=50 Credits

Total Credits = 230

High School Graduation Requirements

Subject Requirements	Years	Credits
English	4	40
Health	1/2	5
Mathematics	3	30
Physical Education	2	20
Physical Science	1	10
Biology	1	10
World History	1	10
US History	1	10
US Government	1/2	5
Economics	1/2	5
Visual/Performing Arts or World Language or CTE course	1	10
Electives		75

= 230

+ passing of Algebra 1 or equivalent

Freshmen Schedule

English (English 9CP or 9H)

Math (Algebra 1CP/H; Geometry CP/H; or Algebra 2CP/H)

Science (Biology CP/H)

Elective (World Language; AP Human Geography; VPA)

PE (Traditional; Sports; Dance; Marching Band; Cheer)

Health/College and Career Seminar

4 year college = CP level and above (Grade of C or better)

Honors Placement

- **Automatic qualifiers**

- A's and B's in current Honors classes

- **Interested students who do not automatically qualify may submit a waiver.**

<https://www.tohscounseling.org/waivers22-23.html>

Options for Health Class

Option #1: Get Ahead Summer School

- in class or online/hybrid
- Family decision, research programs that fit your needs.
- Once class is complete, its your responsibility to turn in your transcript to TOHS

Option #2: Online/Hybrid during school year at TOHS

- 7:27am class once a week, either semester 1 or 2
- Space is limited

Option #3: During school day; paired with College and Career Seminar class

For students who take world language AND Band, AP Human Geography, ASB, Journalism, etc., taking Health period 1 or during the summer is a great option to open up space!



Award Winning & Specialty Electives

- AP Human Geography
- World Languages
 - Spanish
 - Japanese
 - French
 - ASL
- Journalism
- Photography
- Yearbook
- Art Media
- Computer Aided Drafting and Design
- Machine Tools Tech (metals)
- Woodworking Principles
- Music Appreciation
- ASB - Application needed
- Theater
- Academic Decathlon
- Chorus
- Band



CTE Pathways offered at:  **THOUSAND OAKS HIGH SCHOOL**

SCAN ME to begin your journey!

Arts, Media & Entertainment

Those with a passion for photography, videography, digital art, production or performing can tap into their talents and opportunities in the arts, media and entertainment industry.



Pathway: Commercial Photography

- > Beginning Photography
- > Art of Commercial Photography Honors
- > AP Photography: 2D Art and Design



Pathway: Computer Graphics

- > Computer Graphics
- > Advanced Computer Graphics

Education, Child Development & Family Services

The caring, capable and committed professionals who work in this industry educate students, help get young children off to a great start and offer a helping hand to those in need.



Pathway: Education

- > Beginning Peer Mentoring
- > Education Aide
- > Advanced Peer Mentoring

Health, Science & Medical Technology

If you're the kind of person who enjoys caring for other people while utilizing your intelligence and hands-on skills, now is the perfect time to check out the Patient Care Pathway.



Pathway: Patient Care

- > Medical Terminology
- > Sports Medicine

Manufacturing & Product Development

This industry sector's pathway provides students with an understanding of manufacturing processes and systems common to careers in welding and related industries.



Pathway: Manufacturing

- > Machine Tool Technology
- > Metal Fabrication
- > Applied Manufacturing

Building & Construction Trades

The building and construction industry needs people who can utilize their creativity to turn their ideas into reality with their talent to design and build. This Pathway offers you the opportunity to learn the hands-on skills necessary to enter 15 different trades such as finish carpentry, framing, masonry and plumbing.



Pathway: Residential & Commercial Construction

- > Construction Technology
- > Woodworking Principles
- > Advanced Construction Technology

Engineering & Architecture

Engineering empowers students to step into the role of an engineer, adopt a problem-solving mindset and make the leap from dreamers to doers.



Pathway: Architectural Design

- > Drafting and Computer-Aided Design (CAD)
- > Architectural Design

Information & Computer Technologies

Computers are everywhere in the business world as well as our personal lives. This means the people who have the skills to keep our computers on the cutting edge of technology are in high demand.



Pathway: Computer Programming

- > Computer Programming 1
- > Computer Programming 2

Marketing, Sales & Service

This business-related sector is designed to equip students with the skills and foundation to create their own businesses and follow their entrepreneurial spirit.



Pathway: ETHOS Academy

- > Entrepreneurship
- > Sports and Entertainment Marketing
- > Virtual Enterprise

CTE Pathway Completer

- CTE Pathway - two or more courses in the same career sector
 - First course - concentrator
 - Second course - capstone
- If you currently in a CTE class, consider taking the second course!
- Benefits of CTE Pathway Completion:
 - Opportunity to earn industry certification - build your resume
 - VCCCD 2+2 articulation to bridge to college classes
 - Deeper knowledge and develop skills in career sector
 - Work-based learning opportunities - mentorships, internships
 - CVUSD CTE Completer Certificate
 - Graduation cord in your pathway

UC & CSU REQUIREMENTS

Complete 15 A-G courses (11 of them by end of junior year)

You need to complete a minimum of 15 college-preparatory courses (A-G courses) with a letter grade of C or better, with at least 11 courses finished prior to the beginning of your last year of high school.

The 15 courses are:

a. History	2 years
b. English	4 years
c. Mathematics	3 years
d. Laboratory science	2 years
e. Language other than English *or equivalent to the 2nd level of high school instruction	2 years*
f. Visual and performing arts	1 year
g. College-preparatory elective (chosen from the subjects listed above or another course approved by the university)	1 year

A grade of D+ or below in any “A-G” requirement should be remediated

Go Lancers!

<https://tohsathletics.org/future-lancers/>

Fall Sports

Cross Country*
Football *
Golf-girls
Tennis-girls
Water-Polo-Boys *
Volleyball-girls
Field Hockey-Girls*

Winter Sports

Basketball Boys
Basketball Girls *
Soccer
Water-Polo-girls *
Wrestling *

Spring Sports

Baseball
Golf-boys
Lacrosse *
Sand Volleyball
Softball
Stunt
Swim *
Tennis-boys
Track *

*These sports do not require tryouts to join.

Every sport is paired with an off season of that sport to make it a year long class





AVID = Advancement Via Individual Determination

A school wide college & career readiness system

- An elective class to develop
 - Study skills
 - Organizational skills
 - Critical thinking
 - Teamwork
 - Developing behaviors that lead to success
- Weekly tutoring
- Helping B, C students reach their fullest potential

Interested students please apply Via **TOHS** website

<http://www.conejousd.org/tohs/Academics/AVID>

2020 Distinguished Academy

ETHOS is among a very select group to ever receive this recognition – and is one of only six to receive the 2020 Distinguished Academy status out of 393 CA partnerships

ETHOS is designed for students who seek to nurture their creativity and become self-starters with an entrepreneurial mindset.

- Grouped in engaging college preparatory English, history, and ETHOS elective classes
- Project-based learning and business models
- UC/CSU “a-g” approved classes
- Students learn utilizing MacBooks, iMovie, and more
- Innovative faculty
- Special recognition at graduation



“The Center” is an innovative program designed to provide gifted and high-achieving students with opportunities to conduct disciplinary and interdisciplinary research while in high school

- Complete AP Seminar and AP Research
- Graduate with distinction and earn the College Board AP Capstone Diploma™
- One of a select few schools to offer the AP Capstone™ program
- www.tohsthecenter.org

APCapstone™



Clubs and Activities

- Mock Trial
- Art Club
- CA Scholarship Federation
- Comic Book Club
- Sparkles Cheer
- Jewish Student Union
- Latino Connection
- Pay It Forward
- Project Concern
- Fellowship Christian Athletes
- Robotics Club

<http://www.conejousd.org/tohs/Activities/Clubs-Organizations>

**We have over 60
clubs on campus.
There are so many
★ ways to get ★
involved!**

Students can access additional support in our amazing TOHS Wellness Center.

A colorful poster for the TOHS Wellness Center. At the top, the text 'TOHS WELLNESS CENTER' is written in white, flanked by two green and white logos. Below this, 'NOW OPEN IN ROOM #C-2' is written in green. The phone number '805-495-7491 EXT. 1202' is in the top right. The central part of the poster features a green chalkboard with a list of activities. Surrounding the chalkboard are various school-related items: a pair of yellow scissors, a blue crayon, a red pencil, a pink backpack, a globe, a gold trophy, and a gold medal with a star. The background is a dark blue grid pattern.

TOHS WELLNESS CENTER

NOW OPEN IN ROOM #C-2

805-495-7491 EXT. 1202

- FRESH, INNOVATIVE SPACE
- RELAX AND DECOMPRESS
- FRIENDSHIP GROUPS
- COPING STRATEGIES FOR ANXIETY
- STRESS RELIEVING TECHNIQUES
- ART AND SELF CARE
- OPTION TO SPEAK TO A COUNSELOR
- CLASSROOM PRESENTATIONS (COMING SOON)

For additional information, please contact: LYount@conejousd.org