

CVUSD Mental Health Private Provider List

It important to note that this list does not in any way constitute a CVUSD staff recommendation of a certain provider, nor does it constitute CVUSD staff making a referral to a provider. This list represents private providers CVUSD staff are aware of only. Should a parent and/or a student pursue communication with a provider from this list, they do so at their own will with acknowledgement that CVUSD staff do not endorse any particular provider.

NAME	SERVICE	PHONE	CITY	INFORMATION
Dr. Abbasi, Michele	Psychiatrist	(818)272-8005	Westlake	Adolescents and Young Adults
Badia, Erika	Psychotherapist	(805)497-9800	Westlake	Family Counseling; Insurance-Blue Cross PPO, Sliding Scale
Dr. Ball, Stephen	Psychologist	(818)597-9333	Westlake	Adjustment Disorder, ADHD, Aspergers, ODD, Anxiety, Depression
Dr. Bergman, Lindsey	Psychiatrist	(310)880-8867	Thousand Oaks	Childhood Anxiety Self-Pay Only
Dr. Bielen, Robert	Psychotherapist	(805)658-0606	Westlake	Child and Family Divorce, Court Mental Health Support; Cash, Sliding Scale
Dr. Brightman, Rich	Psychologist	(310)208-1937	Thousand Oaks	UCLA, CBT, Behavior, Risk-taking Adolescents, Anxiety, Depression; Sliding Scale
California Lutheran University Community Counseling	Mental Health Agency	(805)493-3390	Westlake	Child, Adolescent, Couples and Family Counseling; Sliding Scale

Christian, Darryl	Psychotherapist	(818)253-9814	Thousand Oaks	Special Education Background, Learning Disabilities, Anxiety, Depression; Cash Pay Only
Dr. Cummings, Valerie	Psychologist	(805)383-1501	Camarillo	OT, PT, Depression, ADHD; All Insurance, Sliding Scale
Elder, Jessica	Psychotherapist	(818)304-4601	Westlake	Adolescents and Parents, Couples; Cash Pay, Sliding Scale
Engage	Mental Health Agency	(805)497-0605	Westlake	Individual, Group and Family Therapy, IOP, PHP; Cash, PPO, Sliding Scale
Dr. Fulton, Chris	Psychologist	(818)591-3000	Calabasas	ADHD, Anxiety, Depression, Gender Identity, ODD, Social Skills
Dr. Gibson, Heather	Psychologist	(805)624-4092	Westlake	Anxiety, Depression, Eating Disorder, Family Conferences, Adolescents; Cash Only
Greene, Marilyn	Psychotherapist	(818)706-8472	Moorpark	Cognitive Behavioral Therapy; Cash Pay
Dr. Hart, Karen	Psychologist	(818)707-4443	Agoura Hills	Anxiety, Hypnotherapy, Trauma, Phobia, Mind-Body, Depression
Dr. Hersh, Paul	Psychologist	(805)497-9488	Westlake	Substance Abuse, Family Counseling
Dr. Levitt, Howard	Psychotherapist	(310)410-2056	Westlake	Divorce Mediation, Play Therapy, Couples Therapy, Highly Stressed Families; Insurance, Cash, Sliding Scale

Lolli-Sunderlin, Yrenka	Behaviorist	(805)230-3701	Newbury Park	ABA, Social Skills, Parent Support, ADHD, ASD, Social Anxiety; Private Insurance
Ludington Institute	Mental Health Agency	(805)449-4375	Westlake	Depression, Anxiety, Substance Abuse, Trauma, Social Skills
Lundberg, Genevieve	Psychotherapist	(818)423-5536	Westlake	Children and Adolescents, Anxiety, Depression, Anger Management, ADHD, Peer Problems, Physical Illness, Trauma; Sliding Scale, Cash Pay
Madden, Patrick	Psychologist	(805)529-2255	Thousand Oaks	Early Childhood, Anxiety, Depression, Resistant/Reluctant Teens, Career Vocational Assessment, ASD, ADHD, Technology/Screen Addiction
Dr. Mejia, Marlowe	Pediatrician	(805)484-2818	Camarillo	ADHD, \$270 Initial Fees
Mink-McGowan, Lisa	Psychotherapist	(805)276-8605	Camarillo	Two Therapy Dogs, Play-based; Cash-pay \$100 per session
Dr. Niazi, Laila	Pediatrician	(805)480-3730	Newbury Park	PPO/HMO-Regal and Lakeside; Cash Physical \$120
Dr. Ovalle-Plotkin, Cynthia	Psychologist Speaks Spanish	(805)467-6828	Thousand Oaks	ADHD, OCD, Anxiety, Psychosis, Mood Disorders, CBT; Cash Only
Dr. Rattray, Theresa	Psychologist	(805)370-8700	Thousand Oaks	OCD, ASD

Dr. Rickards-Anderson, Shannae	Psychologist	(805)496-7144	Thousand Oaks	Eating Disorders, Substance Abuse, Trauma, PTSD, Self-Harm, BPD, EMDR, Depression, Anxiety
Richter, Susan	Psychotherapist	(805)987-3162	Camarillo	Adolescent Anxiety, Trauma, Eating Disorders, Substance Abuse LGBTQ; All PPO, Sliding Scale, Cash, Insurance-Cigna only
Dr. Saifuddi, Sabria	Psychiatrist	(818)707-1768	Westlake	No Specialty; Anthem Blue Cross, Cash
Dr. Stazan, Sina	Psychologist	(805)778-1060	Thousand Oaks	Anxiety, Bipolar, Depression, Substance Abuse, ADHD, ASD, OCD, Sexual Trauma
Dr. Steinberg, Lance	Psychiatrist	(818)486-6573	Calabasas	ADHD, OCD, ASD, Tourette Syndrome; No Insurance, No Sliding Scale
Dr. Tshudi, Susan	Psychotherapist	(805)557-0405	Westlake	Trauma, EMDR, ADHD, Anxiety, Anger, Grief, Parenting, Depression; No Insurance, Cash Only
Dr. Vallance, Elizabeth	Pediatrician	(805)499-5525	Thousand Oaks	No Specialty, PPO/Cash